



Part 3: Antidotes for Our Fears! | Jeff Brawner

2 Timothy 1:7 (NLT)

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline (sound-mind).

Fear Antidote #1 – God Gives Us His Life-Equipping

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Philippians 4:13 (LB) -- ... **I can do everything God asks me to** with the **help of Christ** who **gives me the strength and power**.

Philippians 4:6-7 (NLT)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ **Then you will experience God's peace,** which exceeds anything we can understand. **His peace will guard your hearts and minds as you live in** (stay plugged into) Christ Jesus.

Fear Antidote #2 – God Gives Us His Unconditional

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1 John 4:18 (NCV) -- Where **God's love is,** there is **no fear,** because **God's perfect love drives out fear.**

Romans 8:35-39 (NLT)

Can anything ever separate us from Christ's love? Does it mean **he no longer loves us** if we have **trouble** or **calamity,** or are **persecuted,** or **hungry,** or **destitute,** or in **danger,** or **threatened with death?** ...³⁷ No, despite all these things, **overwhelming victory** is ours **through Christ,** who **loved us.**

³⁸ **And I am convinced that nothing can ever separate us from God's love.** Neither **death** nor **life,** neither **angels** nor **demons,** neither our **fears** for **today** nor our **worries** about tomorrow—**not even the powers of hell** can **separate us** from **God's love.** ³⁹ No **power in the sky above** or in the **earth below**—indeed, **nothing in all creation** will **ever be able to separate us** from the **love of God** that is revealed in **Christ Jesus** our **Lord.**

Romans 5:8 (NLT)

God **showed his great love** for us by **sending Christ to die for us** while we were **still sinners.**

Fear Antidote #3 – God Gives Us His Overcoming

_____ and _____!

Romans 12:2 (NLT)

... Let God **transform you** into a **new person** by **changing the way you think.**

Philippians 4:9 (MSG)

Put into practice what you **learned ... heard** and **saw** and **realized.**